



LGBTQ+ SUPPORT SERVICES

YOUNG PEOPLE

Freedom | otrbristol.org.uk/freedom

OTR's gender and sexuality social action project for young people aged 13-25 in Bristol and South Gloucestershire who are LGBTQ+ or questioning their identity.

Gendered Intelligence | genderedintelligence.co.uk

Community support for trans, non-binary and gender-diverse young people.

Creative Youth Network | creativeyouthnetwork.org.uk

Offers LGBTQ+ groups in Hanham (South Gloucestershire) and Bedminster (South Bristol) for young people aged 11-19.

Alphabets | diversitytrust.org.uk/young-peoples-services

An LGBTQ+ youth group in Yate (South Gloucestershire) for young people aged 13-19.

LGBT Foundation | lgbt.foundation

National charity giving LGBTQ+ advice and support.

Pink Therapy | pinktherapy.com

An online directory of private qualified therapists who are LGBTQ+ friendly.

North Somerset LGBT+ Forum | nslgbtforum.com

Charity offering support groups for LGBTQ+ young people aged 13+ in North Somerset and their families.

Meeting Minds | bristolmind.org.uk

Low cost counselling for LGBTQ+ individuals aged 18+.

Being Gay is OK | bgiok.org.uk

Practical information and advice for LGB under 25s.

SPECIFIC SERVICES

Terrence Higgins Trust | tth.org.uk

Provides support for LGBTQ+ individuals around HIV and sexual health.

Regard | regard.org.uk

Information for LGBTQ+ people who self-identify as disabled.

Hidayah | hidayahlgbt.co.uk

Support, information and advice for LGBTQ+ muslims.

Kiki | facebook.com/kikisocials

Social spaces for queer, trans and intersex people of colour.

Micro Rainbow | microrainbow.org

Services for LGBTQ+ refugees and asylum seekers.

Pride Without Borders | bristolrefugeerights.org

Support and social activities for LGBTQ+ refugees and asylum seekers in Bristol.

akt | akt.org.uk

Supporting LGBTQ+ young people aged 16-25 who are at risk of homelessness.

Stonewall Housing | stonewallhousing.org

Housing advice for anyone identifying as LGBTQ+ in England.

Prism | bdp.org.uk

A free LGBTQ+ alcohol and drug support service run by BDP.

STUDENTS

UWE LGBT+ Society | thestudentsunion.co.uk
Society for LGBTQ+ students studying at UWE Bristol.

UWE Wellbeing Service | uwe.ac.uk
Mental health and wellbeing support for students studying at UWE Bristol.

Bristol ResiLife & Student Wellbeing Service | bris.ac.uk
Mental health and wellbeing support for students studying at the University of Bristol

Bristol SU LGBTQ+ Society | bristolsu.org.uk
Society for LGBTQ+ students studying at the University of Bristol.

Bristol SU LGBT+ Network | bristolsu.org.uk
Provides an opportunity for self-identifying students to socialise, campaign and discuss LGBTQ+ issues.

Bristol SU Trans Network | bristolsu.org.uk
Provides an opportunity for self-identifying students to socialise, campaign and discuss trans issues.

PARENTS, CARERS AND FAMILIES

FFLAG | fflag.org.uk
Information and support for parents and carers of those who identify as LGBTQ+.

Mermaids | mermaids.org.uk
Information and support for trans and gender-diverse young people and their families.

HELPLINES AND WEBCHATS

Mindline Trans+ | bristolmind.org.uk | 0300 330 5468

Free, confidential helpline for anyone identifying as trans, non-binary or gender diverse.

LGBT+ Switchboard | switchboard.lgbt | 0300 330 0630

Free, confidential helpline for those that identify as LGBTQ+.

Intercom Trust | intercomtrust.org.uk | 0800 612 3010

Free, confidential helpline for LGBTQ+ people in the South West.

Mindout | mindout.org.uk | 01273 234 839

Helpline and webchat helping you navigate the LGBTQ+ support available.

DISCRIMINATION AND HATE CRIME SERVICES

Bristol Hate Crime and Discrimination Services | bhcds.org.uk

A partnership of six organisations (including OTR) offering a complete service for victims of hate crime and discrimination.

GALOP | galop.org.uk

LGBTQ+ anti-violence charity offering support around hate crime.

SARI | sariweb.org.uk

Support, advocacy and guidance for anyone who has been the victim of a hate crime.

EACH | each.education

A charity offering support to people affected by homophobia, biphobia and transphobia.